

# KILTIMAGH COUNSELLING AND THERAPY CENTRE



## Residential wellness weekend

### **“Finally we meet ourselves” .. a pathway to personal growth**

This Conference is for all who are seeking a learning experience and a space for reflection and personal growth. It will also help you to develop a better understanding of human relationships. This weekend will appeal to all in the caring professions, including those engaged in pastoral and voluntary work, or those who simply want to help others.

This conference meets Continual Professional Development (CPD) criteria.

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*Residential wellness weekend*

## THE DETAILS

OCTOBER 27th @12.00 TO 30th @13.00 2017  
LOUGH LANNAGH VILLAGE  
CASTLEBAR, CO MAYO

## REGISTRATION

BOOKINGS AND REGISTRATION AT  
<http://www.loughlannagh.ie/residential-wellness-weekend-2017>

## THE COST

The cost includes all workshops, events,  
accommodation and meals.  
Single €395.00 Shared €355.00

## GUEST SPEAKERS

Friday 27th Dr Jim O'Donoghue  
Saturday 28th Fr Jim Cogley  
Sunday 29th Kathleen Duffy

€15.00 discount for bookings made by 4th August 2017

INFO@KILTIMAGHCOUNSELLING.COM

SHEILA 086-1256124

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VERONICA 086-3757767